



WILD PLACES
REAL ADVENTURES
MEMORABLE JOURNEYS

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COASTEERING

What to expect from your day

We usually meet at 9.30 am at the Bayfield carpark in Portree, from there we travel to a number of different locations around the island depending on the conditions. Journey time varies between 10 and 35mins depending on where we go. During the journey your guide will be trying to get to know you and find out your level of experience/fitness/knowledge. This is an important process as it allows us to pick the right strategy for the session, the best routes for and determine your comfort zone on! After gearing up we will chat over the conditions and give you an idea of what to expect when you get in the water.

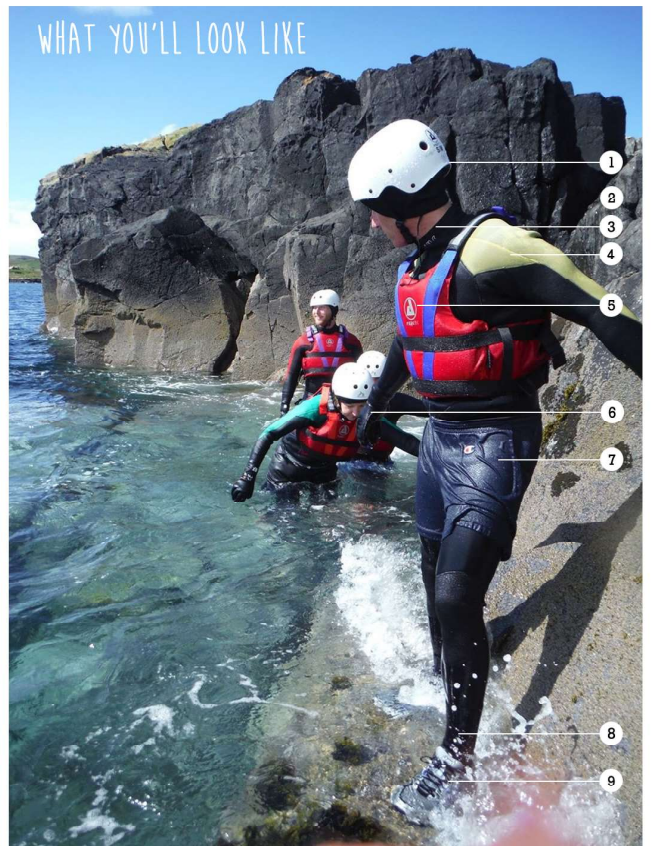
The sessions always start off gently so that you can get used to the ocean environment and find your bearings. We will coach you in safe movement, jumping techniques and generally help you to get the most out of your adventure. We run a "challenge by choice" philosophy - so you only do what you feel comfortable doing.

What to bring

Swim wear and a towel are three main essentials. It is also good to bring warm clothing to change into and some food and water, though we do try and end the session with cake and coffee if possible!

Bad Weather

We will try and run coasteering whatever the weather - our extensive local knowledge means that we usually find a workable option. If this is not possible then we will either rearrange to a mutually convenient date or provide a refund, minus the deposit.



1. Helmet - To protect your head
2. Neoprene beanie - Keeps your head warm
3. Thermal rash guard - Extra warmth and no chaffing from wetsuit
4. Cozy 5mm Wetsuit - Keeps your body warm
5. Buoyancy aid - Helps to keep you afloat
6. Neoprene gloves - Hands stay warm
7. Shorts - To protect the wetsuit from rocks and barnacles
8. Neoprene Socks - Helps keep your feet warm
9. Old trainers - Protect your feet



COASTEERING, GORGE WALKING, CANYONING, MOUNTAINEERING & CLIMBING - WHAT WILL YOUR ADVENTURE BE?